

Update Course of PERITONEAL DIALYSIS

14-15 may

ICBAS | AUDITÓRIO NUNO GRANDE,
EDIFÍCIO ABEL SALAZAR | PORTO

18th Edition 2026 PROGRAMA

14^{may} ORGANIZATION, QUALITY AND TRANSITIONS IN PD

FOCUS: building an efficient, integrated and quality-driven PD unit

14H00 - 14H15 • Opening Session: Strategic Vision for Modern PD
Prof. Anabela Rodrigues (ULSSA, UMIB, ICBAS) | **Prof. Luísa Lobato**
(ULSSA) | **Prof. Edgar Almeida** (SPN - Portuguese Society of Nephrology)

Objective: to frame the course goals and align participants with current and future challenges in PD

14H15 - 15H00 • Peritoneal Access: From Procedure to Patient Journey
Moderator: Dr. Manuel Amoedo (ULS Alentejo)

Objective: to understand different approaches to PD access and optimize the patient pathway with safety and personalized methodologies

"The simple access approach" - **Dr. M^o João Carvalho** (ULSSA, UMIB, ICBAS)
"Complex access: surgical perspective" - **Dr. Joana Gaspar** (ULSSA) | **Dr. Artur Flores** (ULSSA)

15H00 - 15H45 • Quality in PD: From Standards to Clinical Excellence and Policies

Moderator: Prof. Anabela Rodrigues (ULSSA, UMIB, ICBAS) | Prof. M^a Fernanda Slon (Navarra Hospital Complex)

Objective: identify practical strategies for implementing quality systems; home dialysis as a cornerstone of environmental, sustainability and governance parameters

"ISO 2026 as a driver of change" - **Eng. Sílvia Moutinho** (ULSSA)

15H45 - 16H15 COFFEE BREAK

16H15 - 17H30 • Transitions in PD: Anticipate, Plan and Deliver

Moderator: Dra. M^a João Carvalho (ULSSA, UMIB, ICBAS)

Objective: to structure safe and efficient transition processes

"Pediatric - Adult care transition" - **Dra. Sara Mosca** (ULSSA) | **Dra. Líliana Rocha** (ULSSA)

"PD - Home hemodialysis: when, how and why" - **Dr. Bruno Dias** (ULSSA) | **Dra. M^a Fernanda Slon** (Navarra Hospital Complex)

17H30 - 18H00 • Innovation in PD: What Will Shape the Future?

Prof. Emilio Sanchez (University Hospital of Cabuenes, Gijón)

Objective: to explore emerging technologies and innovations in PD

18H00 END OF THE DAY



15^{may} INNOVATION, METABOLISM AND RESEARCH IN PD

FOCUS: integrating innovation, artificial intelligence and metabolic management into clinical practice

09H00 - 09H30 • PD Coordination Models: Lessons from International Cohorts

Dr. Benedikt Kolbrink (Universitätsklinikum Schleswig - Holstein)

Objective: to understand how organizational models impact outcomes and home dialysis use

09H30 - 10H00 • Beyond the Hospital: The Nursing Role in Assisted PD

Enf. Olivia Santos (ULSSA, ICBAS)

Objective: develop clinical decision-making skills related to the implementation of assisted PD programs.

10H00 - 10H30 • Next-Generation PD Solutions: Beyond Glucose

Dra. Joana Tavares (ULSSA, UMIB, ICBAS)

Objective: to analyze new PD solutions prescriptions based on patient phenotype

10H30 - 11H00 • Artificial Intelligence in PD: From Prescription to Nutritional

Decision Support
Prof. Isabel Fonseca (ULSSA, UMIB, ICBAS)

Objective: to explore the role of AI in clinical decision-making and personalized nutrition.

11H00 - 11H30 COFFEE BREAK

11H30 - 12H15 • Metabolic Complications in PD: Pillars of preventive and therapeutic management

Prof. Gabriela Guimarães (Hospital Ana Nery Salvador, Bahia, Brasil)

Objective: to apply evidence and therapy advances in practice. **Glycemic control; Dyslipidemia; Obesity and malnutrition.**

12H15 - 13H00 • Peritoneal Fibrosis: From Mechanisms to Future Therapies

Prof. Sofia Pereira (NMS) | **Dra. Rita Calça** (ULSLO)

Objective: the role of translational research to understand the mechanisms of peritoneal injury and fibrosis, and explore future therapies including biomarker-guided monitoring and targeted interventions.

13H00 - 14H00 LUNCH BREAK

14H00 - 15H00 • Interactive Clinical Cases: Decision-Making in Complex PD Scenarios

Prof. Ana Bernardo (Faculdade Ciências da Saúde, Univ. Beira Interior) | **Prof. Carina Ferreira** (ULSSJ - HCC, NMS) | **Dra. Ana Marta Gomes** (ULSGE)

Objective: to develop practical problem-solving skills through interactive discussion of real-world challenging cases in PD. **Volume control; Peritoneal infection; Metabolic patient; Technique failure.**

Extended blended learning (b-learning) via digital platform, including focused modules on key clinical aspects of PD: **Peritoneal membrane PET test; Sodium handling in PD and HD; Management of peritoneal access-related infections; Patient perspectives on home dialysis.**

15H00 - 15H30 COFFEE BREAK

15H30 - 16H00 • Engaging in National and International Networks: A Roadmap to ISPD-EuroPD 2028

Prof. Anabela Rodrigues (ULSSA, UMIB, ICBAS) | **Prof. Patrícia Branco** (ULSLO, NMS, SPN PD Group) | **Prof. Anabela Malho** (ULSA - Hospital de Faro)
Call for new translational and clinical research projects

Objective: to identify opportunities for collaboration in research and organization projects.

16H00 - 16H30 • From Innovation to Implementation: Transforming the PD Unit Faculty

Objective: presentation of new clinical protocols to improve PD outcomes

16H30 CLOSING SESSION

